



Midweek Bible Study: Wednesday, November 6, 2019
Subject: "Getting Through Tough Seasons"

➤ **Identify the Real Current Issue at Hand**
(Self Examination – Look at You!)

• **Luke 6:41-42 (NASB)**

"Why do you look at the speck that is in your brother's eye, but do not notice the log that is in your own eye?"

⁴²Or how can you say to your brother, 'Brother, let me take out the speck that is in your eye,' when you yourself do not see the log that is in your own eye? **You hypocrite**, first take the log out of your own eye, and then you will see clearly to take out the speck that is in your brother's eye."

- Is the real issue you or is the real issue someone else?
- Learn to examine yourself!

• **1 Corinthians 11:28 (NASB)**

"But a man must examine himself, and in so doing he is to eat of the bread and drink of the cup."

• **Lamentations 3:40 (NKJV)**

"Let us search out and examine our ways,
And turn back to the LORD"

• **2 Corinthians 13:5**

"Examine yourselves to see whether you are in the faith; test yourselves. Do you not realize that Christ Jesus is in you—unless, of course, you fail the test?"



➤ **Discover the Biblical Principles about Suffering**

• **Romans 5:3-5 (NIV)**

“Not only so, but we also **glory in our sufferings**, because we know that **suffering produces perseverance**; ⁴perseverance, character; and character, hope. ⁵And hope does not put us to shame, because God’s love has been poured out into our hearts through the Holy Spirit, who has been given to us.”

• **Romans 8:18 (NIV)**

“**I consider that our present sufferings are not worth comparing** with the glory that will be revealed in us.”

• **2 Corinthians 4:8-9 (NIV)**

“We are hard pressed on every side, but not crushed; perplexed, but not in despair; ⁹persecuted, but not abandoned; struck down, but not destroyed.”

• **1 Peter 5:10 (NASB)**

“After you have suffered for a little while, the God of all grace, who called you to His eternal glory in Christ, will Himself perfect, confirm, strengthen *and* establish you.”

• **Psalms 23:4 (NASB)**

“Even though I walk through the valley of the shadow of death,
I fear no evil, for You are with me;
Your rod and Your staff, they comfort me.”



- **Look at difficulties in a new light.**

Hebrews 12:1-3 (NIV)

“Therefore, since we are surrounded by such a great cloud of witnesses, **let us throw off everything that hinders and the sin that so easily entangles.** And let us run with perseverance the race marked out for us, ² fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God. ³ Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart.”

Psalms 34:19

“**The righteous person may have many troubles,** but the LORD delivers him from them all;”

Romans 8:37

“**No, in all these things we are more than conquerors** through him who loved us.”

- **Openly admit your shortcomings**

Acts 3:19 (NIV)

“**No, in all these things** we are more than conquerors through him who loved us”

1John 1:8-9 (NIV)

“If we claim to be without sin, we deceive ourselves and the truth is not in us. ⁹ **If we confess our sins,** he is faithful and just and will forgive us our sins and purify us from all unrighteousness.”

James 5:16 (NIV)

Therefore, **confess your sins** to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

- **Keep your eyes on the finish line.**

Philippians 3:14 (NASB)

“I press on toward the goal for the prize of the upward call of God in Christ Jesus.”

Hebrews 12:2

“fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.”

Isaiah 26:3 (NKJV)

“You will keep *him* in perfect peace, ***Whose mind is stayed on You***,
Because he trusts in You.”

Psalms 46:10 (NKJV)

“Be still, and **know that I am God**; I will be exalted among the nations,
I will be exalted in the earth!”
