



Midweek Bible Study: Wednesday, November 13, 2019

Subject: "Stop Talking TOO Much"

Our Foundational Scripture: Ecclesiastes 5:3

"For the dream comes through much effort and the voice of a fool through many words."

- The Bible warns us against talking too much or being overly talkative. In fact, the Bible says that a fool can be recognized by his many words.
- The Bible discourages using an abundance of words where a few would suffice. "Even fools are thought wise if they keep silent, and discerning if they hold their tongues" (Proverbs 17:28). Those who feel compelled to give utterance to every thought in their heads usually end up in trouble.
- The wise person refuses to talk too much. Rather, he fears the Lord, listens to the Lord, and obeys the Lord.
- Modern culture offers numerous avenues through which we can express ourselves verbally. Social media, blogs, cell phones, and call-in radio all enable us to keep up a constant stream of chatter. But how much of our talking is truly edifying?
- Let's explore 20 Inspirational, Thought Provoking & Important Bible Verses, Scriptures, Quotes & Passages about Talking Too Much.
- ***What does the Bible say about Talking Too Much?***
- ***Is talking too much really that big of a deal?***
- ***Why should we not talk too much?***
- I pray these Encouraging Scripture Verses are a blessing to you and yours.

20 Bible Scriptures about Talking Too Much

1. Talking too much leads to sin.

Proverbs 10:19, NLT Too much talk leads to sin. Be sensible and keep your mouth shut.

2. Talking too much can be very inconsiderate.

We show consideration and wisdom when we seek to understand others.
Proverbs 18:2, ESV A fool takes no pleasure in understanding, but only in expressing his opinion.

3. Talking too much leads to ruin.

Proverbs 13:3, NIV Those who guard their lips preserve their lives, but those who speak rashly will come to ruin.

4. We can avoid talking too much by thinking before speaking.

James 1:19-20, ESV Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger; Add Verse 20

5. Talking too much shows a lack of self-control.

James 1:26, NLT If you claim to be religious but don't control your tongue, you are fooling yourself, and your religion is worthless.

6. Talking too much leads to distractions.

We can't mind our own business when we talk too much!
1 Thessalonians 4:11, NLT Make it your goal to live a quiet life, minding your own business...

7. Talking too much leads to trouble.

Proverbs 21:23, NASB He who guards his mouth and his tongue, Guards his soul from troubles.

8, 9, 10. Talking too much leads to carelessness, gossip and rumors, lying, and deceit.

Proverbs 11:13, NLT A gossip goes around telling secrets, but those who are trustworthy can keep a confidence.

Psalms 34:13, ESV Keep your tongue from evil and your lips from speaking deceit.

Matthew 12:36, ESV I tell you, on the Day of Judgment people will give account for every careless word they speak,

11. Must Toil = Profits; Much Talk = Poverty

Proverbs 14:23 “In all labor there is profit, But mere talk *leads* only to poverty.”

12. The tongue can start something that can't be stopped.

James 3:5-6 “So also the tongue is a small part of the body, and *yet* it boasts of great things. See how great a forest is set aflame by such a small fire! ⁶ And the tongue is a fire, the *very* world of iniquity; the tongue is set among our members as that which defiles the entire body, and sets on fire the course of *our* ^[a]life, and is set on fire by hell”

13. Keep things really simple.

Matthew 5:37 “But let your statement be, ‘Yes, yes’ or ‘No, no’; anything beyond these is of evil.”

14. Consider if our mouths need to be open in this situation!

Proverbs 17:28 “Even a fool, when he keeps silent, is considered wise; When he closes his lips, he is *considered* prudent.”

15. Let your words be few

Ecclesiastes 5:2 “Do not be hasty ⁱⁿ word or ⁱⁿ impulsive in thought to bring up a matter in the presence of God. For God is in heaven and you are on the earth; therefore let your words be few.”

16. Ask the Lord to help us to watch our mouths

Psalms 141:3 “Set a guard, O LORD, over my mouth; Keep watch over the door of my lips.”

17. We should always be discerning with our words

Proverbs 10:19 “When there are many words, transgression is unavoidable, But he who restrains his lips is wise.”

18. We will be judge on what has been flowing out of our mouths!

Matthew 12:36-37 “³⁶ But I tell you that every careless word that people speak, they shall give an accounting for it in the day of judgment. ³⁷ For by your words you will be justified, and by your words you will be condemned.”

19. We have to replace some of our talking with more listening.

Mark 9:7 “Then a cloud formed, overshadowing them, and a voice came out of the cloud, “This is My beloved Son, listen to Him!”

20. Big Mouths Constantly Babble.

Proverbs 10:8 "The wise of heart will receive commands,
But a babbling fool will be ruined"

Psalms 46:10

"Be still, and know that I am God: I will be exalted among the heathen, I will be exalted in the earth."

Quotes on Talking

- “Great people talk about ideas, average people talk about themselves, and small people talk about others”
- **John C. Maxwell**
- “If you judge people, you have no time to love them.” -
- **Mother Teresa**
- “One of the basic causes for all the trouble in the world today is that people talk too much and think too little. They act impulsively without thinking.”
- **Margaret Chase Smith**
- “The way to get started is to quit talking and begin doing.”
- **Walt Disney**
- “You aren’t learning anything when you’re talking”
- **Lyndon B. Johnson**
- “The trouble with talking too fast is you may say something you haven’t thought of yet”
- **Ann Landers**
- “A loud mind is greater than a loud mouth”
- **Matshona Dhliwayo**
- “If you lost a tooth every time you said something negative, what would your mouth look like at the end of the day – Learn to Speak Life!”
- **Pastor Jonathan W. Allen, Sr.**

Proverbs 18:21 “Death and Life is in the power of the tongue”